



CLASS OF 2020 GRADUATES



Public Health Advocates would like to congratulate the high school senior graduating class of 2020! We are proud of all of the youth, but this senior class is special because they showed such perseverance and strength during such a challenging time in our nation. Towards the end of the school year, they were forced to deal with multiple crisis' that many of us have never had to face and learn from home with little assistance. We wanted to give a special acknowledgement to the following senior graduates (from left to right): Armena Finney, Ly' Jahnae Naulls, and Alexis Andrews (not featured).

They all graduated from A.A. Stagg High School and have grown into strong youth advocates through their work with Faces of Resilience and other youth groups. A special congratulations to all of the 8th grade graduates from our Marshall Middle School Faces of Resilience. They have a whole journey ahead of them, but these trying times have proved our youth are more than capable of facing and changing the future they will occupy. Congratulations to all of you! We are so proud of your accomplishments.

Upcoming Events

July 2020

- 7: #BlackOutDay 2020
- 7: REACH Steering Committee Meeting @ 5PM
- 9: FOR Healing Youth Leadership @ 5:30PM
- 16: Community Leadership Workgroup @ 5:30PM
- 23: FOR Healing Youth Leadership @ 5:30PM

August 2020

- 4: REACH Steering Committee Meeting @ 5PM
- 11: Clergy Network Meeting @ 5:45 PM
- 13: FOR Healing Youth Leadership @ 5:30PM
- 20: Community Leadership Workgroup @ 5:30PM
- 27: FOR Healing Youth Leadership @ 5:30PM

***Note: All meetings will be taking place virtually. Please contact your meeting coordinator for a Zoom meeting link.**

Food Distribution

- Mayfair SDA Senior Brown Bag Distribution: 2nd & 4th Fridays

BLACK LIVES MATTER & REACH

Stockton's REACH program focuses exclusively on the Black community to ensure that Black people have increased access to fresh fruits, vegetables, water, physical activity, and spaces to heal from trauma to increase positive health outcomes. We keep Black communities at the forefront of our work because we know all too well how Black communities in Stockton are often overlooked, underserved, and unheard. Traditionally, these same neighborhoods do not have the same access to quality health care, grocery stores, and places for children to safely play due to lack of funds going into these communities. Although our work is important, at this moment we believe it is more important to stand by our communities to dismantle systemic racism, police brutality and the systems that allow them to thrive. Every state in the U.S. and several other countries have organized protests to amplify Black voices and pain. These courageous protests have gained national coverage and have made significant changes such as: the arrest and charging of all officers involved in George Floyd's death, the ban of "No Knock" warrants (the cause of Breonna Taylor's death) and the arrest of Gregory and Travis McMichael, the two white men who killed Ahmaud Arbery. These are all great wins, but they are not enough. As individuals and as communities we must all

continue to do our part to bring justice to the Black community. Protesting has been one of the most effective tools during this movement, however, if for any reason a person chooses not to protest, please do not feel guilty.



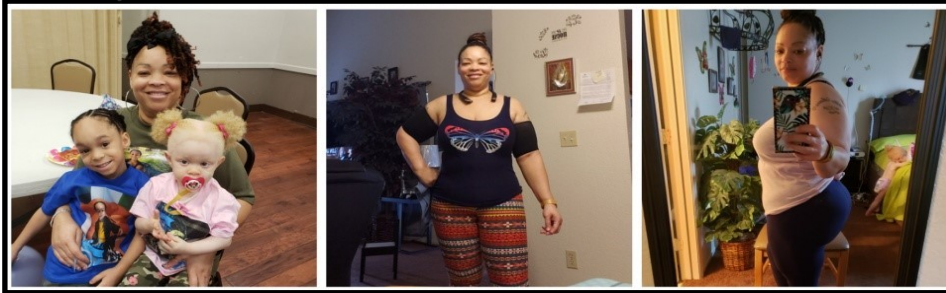
Here are other ways you can lend your support to this important movement:

1. Sign petitions that support the Black community
2. Donate to local businesses serving the Black community
3. Donate to local and statewide advocacy campaigns
4. Offer to help with tasks for community organizers, like event flyers
5. Donate masks and water for protestors during the COVID-19 pandemic
6. Post and share information on social media
7. Pray for all the people out on the streets
8. Do not watch or read the news when you are feeling overwhelmed
9. Enjoy your family, food, arts, etc. to promote healing, strength, love and life during this time



RESIDENT SPOTLIGHT

Tiana Moore is a Stockton resident and has been a member of the "Within Our REACH" Community Leadership Workgroup for the last two years. As a mother of two small children, Tiana has been passionate about advocating for a healthier community for herself and her family. She has been diligent about learning the importance of living a healthy lifestyle and is teaching her children about proper nutrition and staying active. We applaud Tiana for all of her hard work to make health a priority for her family and her community.



BREASTFEEDING EVENTS

Black Breastfeeding Week (August 25-31) offers a unique opportunity to support and uplift Black mothers. Breastfeeding, like any healthy activity, is a form of self-care. The unique quality of breastfeeding is that it is self-care you share with your infant. The ability to nurture a life and sustain it, while reducing the risk of developing reproductive cancers, future gestational diabetes, and cardiovascular disease, that is power. That is a form of a resistance... It is yet another way to show just how much Black Lives Matter.

This year's theme for Black Breastfeeding Week is Revive. Restore. Reclaim. We'll be rising in our communities!

Check out the official Black Breastfeeding Week page on Facebook for more information on upcoming online events during August 25-31!
Visit: <https://www.facebook.com/BlackBreastfeedingWeek>.

Help us celebrate Black Breastfeeding Week at Public Health Advocates! The REACH Team will be partnering with Flourishing Families, Inc. for a webinar celebrating Black Breastfeeding Week! Stay tuned for more details!

Credit: Instagram @ashjustine



Did you miss Public Health Advocates' Black Maternal Health Week Panel Discussion? Check out the webinar here: <https://phadvocates.org/case-study/reach/>.



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CBO Partners

Conway Homes Resident Council

Emerald Pointe Townhomes

North Stockton Bengals

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@reachsanjoaquin



stocktonreach.org

#BLACKOUTDAY2020

Please join us as we participate in **BLACKOUT DAY on JULY 7, 2020**. Blackout Day is a call to action, where not one Black person in America spends a dollar. We will stand in solidarity for the following ask:

- That we stop being shot down in the streets
- That racist legislation be removed from the books
- That we have equal opportunity to access funding
- That we are allowed to build our own communities and industries
- For more information on the movement visit: <https://www.blackoutday.org/>